
ADOLESCENT

An Astro Gold Report for Louise, Lady Windsor



Written by Alex Trenoweth

*Compliments of **Esoteric Technologies Pty Ltd***

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Louise, Lady Windsor

Female

8 Nov 2003, Sat

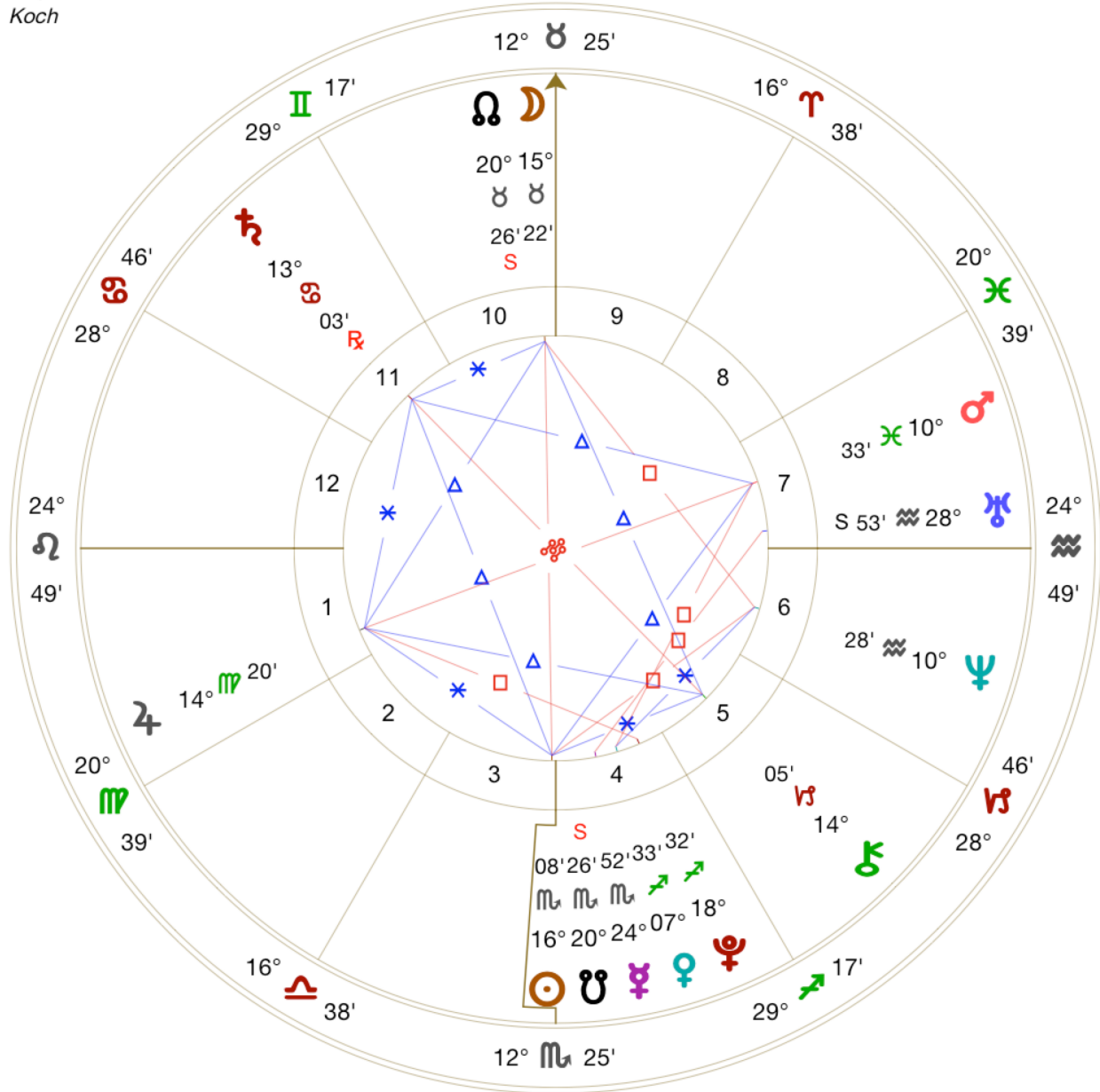
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Camberley, England

Geocentric

Tropical

Koch



Astrological Summary

Chart Point Positions: Louise, Lady Windsor

Planet	Sign	Position	House	Comment
The Moon	Taurus	15°Ta22'	10th	
The Sun	Scorpio	16°Sc08'	4th	
Mercury	Scorpio	24°Sc52'	4th	
Venus	Sagittarius	07°Sg33'	4th	
Mars	Pisces	10°Pi33'	7th	
Jupiter	Virgo	14°Vi20'	1st	
Saturn	Cancer	13°Cn03'	11th	
Uranus	Aquarius	28°Aq53'	7th	
Neptune	Aquarius	10°Aq28'	6th	
Pluto	Sagittarius	18°Sg32'	4th	
Chiron	Capricorn	14°Cp05'	5th	
The North Node	Taurus	20°Ta26'	10th	
The South Node	Scorpio	20°Sc26'	4th	
The Ascendant	Leo	24°Le49'	1st	
The Midheaven	Taurus	12°Ta25'	10th	

Chart Point Aspects: Louise, Lady Windsor

Planet	Aspect	Planet	Orb	App/Sep
The Moon	Opposition	The Sun	0°45'	Applying
The Moon	Trine	Jupiter	1°02'	Separating
The Moon	Sextile	Saturn	2°19'	Separating
The Moon	Square	Neptune	4°53'	Separating
The Moon	Trine	Chiron	1°16'	Separating
The Moon	Conjunction	The North Node	5°03'	Applying
The Moon	Opposition	The South Node	5°03'	Applying
The Moon	Conjunction	The Midheaven	2°56'	Applying
The Sun	Trine	Mars	5°35'	Separating
The Sun	Sextile	Jupiter	1°48'	Separating
The Sun	Trine	Saturn	3°05'	Separating
The Sun	Square	Neptune	5°39'	Separating
The Sun	Sextile	Chiron	2°02'	Separating
The Sun	Opposition	The North Node	4°17'	Applying
The Sun	Conjunction	The South Node	4°17'	Applying
The Sun	Opposition	The Midheaven	3°42'	Applying
Mercury	Square	Uranus	4°00'	Applying
Mercury	Opposition	The North Node	4°26'	Separating
Mercury	Conjunction	The South Node	4°26'	Separating
Mercury	Square	The Ascendant	0°03'	Applying

Venus	Square	Mars	2°59'	Applying
Venus	Sextile	Neptune	2°55'	Applying
Mars	Opposition	Jupiter	3°47'	Applying
Mars	Trine	Saturn	2°30'	Applying
Mars	Sextile	The Midheaven	1°52'	Separating
Jupiter	Sextile	Saturn	1°16'	Separating
Jupiter	Square	Pluto	4°12'	Applying
Jupiter	Trine	Chiron	0°14'	Separating
Jupiter	Trine	The North Node	6°06'	Applying
Jupiter	Trine	The Midheaven	1°54'	Applying
Saturn	Sesquisquare	Uranus	0°50'	Separating
Saturn	Opposition	Chiron	1°02'	Separating
Saturn	Sextile	The Midheaven	0°37'	Applying
Uranus	Semisquare	Chiron	0°12'	Separating
Uranus	Opposition	The Ascendant	4°04'	Applying
Neptune	Square	The Midheaven	1°57'	Separating
Chiron	Trine	The North Node	6°20'	Applying
Chiron	Trine	The Midheaven	1°39'	Applying
The North Node	Square	The Ascendant	4°23'	Separating
The North Node	Conjunction	The Midheaven	8°00'	Applying
The South Node	Square	The Ascendant	4°23'	Separating

INTRODUCTION



*"The adolescent must never be treated as a child, for that is a stage of life that he has surpassed. It is better to treat an adolescent as if he had greater value than he actually shows than as if he had less and let him feel that his merits and self-respect are disregarded". -
Maria Montessori*

Adolescence is one of the trickiest parts of life. We all know this and yet adolescents, their parents and teachers are often left without a means to understand how best to find and give support. Astrology can offer much to help people understand themselves as well as other people. For young people growing and developing at an exponential rate, self-understanding is crucial. For parents and teachers, understanding how to help the children in their care is extremely important.

This report was written by a highly qualified astrologer and teacher specialising in child development. It can help guide parents and teachers to become the authority figures they need to be. For adolescents, it can be the first step in understanding themselves through the lens of Astrology. It is not intended to replace a live consultation with a professional astrologer who is qualified to work together with parents and adolescents to help improve how they relate to each other as they both work through this brief but intense time of growing up. One other important point to mention is that of child protection. No astrologer should consult with people under the age of 18 without a parent present. The author also advises that parents read this report in conjunction with their teenager, helping both gain an understanding of this introduction into the realm of Astrology.

Although this report does not include all planetary transits, the author would like to point out that there are significant transits or moments in time to look for when journeying further into adolescent Astrology. Some of these have been included in a general format. For instance, the current position of the planets Jupiter and Saturn connect to Birth Charts at well-known milestones in child development. Jupiter makes these important contacts about every three years and Saturn makes its important contacts about every seven years. In adolescence, the crucial ages are 12 (for the Jupiter return), 14 (for the first Saturn opposition) and 15 (for a Jupiter square). These years are the important times for parents and teachers to focus their resources and energy.

CHILDHOOD



"The events of childhood do not pass but repeat themselves like seasons of the year".
- Eleanor Farjeon

The Moon

When we are born, most of us are naturally close to our mothers: we have heard her voice in utero and we have absorbed the nutrients from her body. The mother, which in Astrology is represented by the Moon, describes us as children. As we grow, our perceptions are filtered through our experiences and attitudes which are represented by our Ascendant. Eventually we mature enough to follow our own path which is represented by the Sun. Although we never fully outgrow our Moon, we begin to grow into our Sun through our Ascendant as we get older. This process becomes more noticeable in adolescence.

Adolescence is a time of many changes. In the West, we tend to focus on the physical changes of puberty. It's a difficult and complex process that leaves many parents and teachers puzzled. Astrology serves as a good way to understand the social, neurological and emotional changes that an adolescent goes through.

The Moon is in Taurus

As a child, you may have experienced your mother (or main caregiver) as stubborn and iron-willed. You may have been indulged with the good things in life and may have developed a taste for the finer things in life. Perhaps, as you got older, you were told you were very stubborn and resistant to change. Learning to go with the flow and embracing changes are skills that will allow you to leave your comfort zone. You will need to develop flexibility and time efficiency.

Moon is Conjunct Midheaven

You may be so comfortable at home that you choose to make it your workplace. If you do work away from home, you may choose to work in the caring professions because you need to feel needed.

Moon is Trine Jupiter

You have a big-hearted personality which other people find very attractive. Optimistic, generous and well informed, you inspire other people to do good deeds in the world. It is likely people come to you for advice because you are trusted to be wise and just.

Moon is Sextile Saturn

>From a young age, it is likely that you were given responsibilities that allowed you to cultivate a very good work ethic. Although your serious nature may lack enthusiasm, you are very determined to succeed. You are able to troubleshoot problems with ease as well as provide workable solutions in any crisis.

Moon is Square Neptune

You have a wonderful sense of imagination but need to ensure that you direct it towards positive rather than negative matters. For instance, worry and fear are to be avoided where possible. Likewise, escaping from reality is not advisable. A trusted confidant can help you get a better measure of what is happening so you can channel your creative talents into appropriate tasks and projects.

ADOLESCENCE



"Adolescence is a new birth, for the higher and more completely human traits are now born".

- G Stanley Hall

The Sun is in Scorpio

As an adolescent you most likely started to become more aware that you are very resourceful and have a good eye for value. Because of this, you are most likely very decisive about what is useful to you and what is not. As you mature, you become more passionate about obtaining your desires and perhaps more ruthless if required. Your life lesson is to understand your strengths and to use them carefully.

You do best in a school that encourages you to do rigorous research. You have a knack of getting to the bottom of mysteries and puzzles that have had less intense minds perplexed. Any topic that requires investigation skills are likely to appeal to you.

If you have an interest in detective work then breaking codes can be an excellent outlet for pent-up energy. The Occult, Forensics and Psychology are all suitable for an eager young Scorpio.

Your close and extended family can best support you through adolescence by accepting your need for understanding how things work. You probably like taking things apart, finding new uses for junk and finding ways to economize very appealing.

Parents, caregivers and teachers can encourage your frugal nature while also providing a safe structure by allowing you to manage the family budget or be in charge of recycling. The time has come for you to step out of the shadows.

Sun is Opposite Midheaven

It is likely you bring a lot of pride to the family. You put much energy into creating a cosy residence that other people feel comfortable in. People seek your advice on home management and creative projects.

Sun is Trine Mars

You have a good deal of energy and ambition and can easily get caught up with what other people are doing. You rush through things which often means you have to re-do them to get them right. It can be easy for you to become burned out and over-excited.

Sun is Sextile Jupiter

You are confident and optimistic which naturally draws people to you. Because you believe everything eventually works out in favour, you are probably known for taking on too much too soon. Assessing risk before you take on bigger projects will help you avoid over-committing.

Sun is Trine Saturn

You are very adept at understanding what you need to do in order to reach your goals. Understanding your limitations and your talents are the keys to your success. You have a way of making the most difficult tasks seem easy.

Sun is Square Neptune

You have a lot of creativity and imagination but it can be difficult for you to be comfortable in expressing it. It is important for you to assess situations realistically, perhaps with the help of wise counsel, in order to avoid people who may try to take advantage of you.

RELATING TO OTHERS



*"Remember that sometimes not getting what you want is a wonderful stroke of luck".
- Dalai Lama*

The Ascendant

We look at the world through the lens of our Ascendant. This is also often how the world sees us. It is like a prism through which we reach out and others peer in. Our Ascendant also filters our perceptions and is the pathway between our past which is represented by our Moon and our future which is our Sun.

The Ascendant is in Leo

You are likely to look at the world through the eyes of a seasoned actor. Through being self-aware, you develop your individuality and flair and can help others find theirs. People are drawn to you for your confidence and generosity. However, it is important for you learn to understand that you are not always needed on stage and to let others have their share of the limelight.

Mercury

Mercury governs the rote learning that enabled us to learn simple information and repeat what we have learned. We may find it easy to learn via rote or we may find it difficult. As a result, Mercury can tell us how well or not we cope with early childhood learning, and later on in school. As we get older our learning becomes more sophisticated and we begin to learn how to expand our ideas through our Jupiter Sign.

Mercury is in Scorpio

As a child, you were probably a very intense learner who needed to understand the importance of what was being taught. You can be resourceful wanting to understand your subject fully. You learn well through solving mysteries. As you mature, it is important for you to take knowledge at its face value rather than continually searching for deeper meanings.

Mercury is Square Ascendant

You can appear extremely nervous or unable to take in information because you are distracted by something else. Because you over-intellectualise everything, you can become erratic unless you are firmly grounded.

Mercury is Square Uranus

You find it very difficult to accept traditional ways of doing things and will often rebel just for the sake doing things differently than other people. Although you keep others on their toes, it is likely you generate a lot of resentment for time wasting. Take the time to let your mind rest rather than keeping it on high alert for long periods of time.

Venus

Venus is associated with what you like and what you enjoy in other people. In other words, your social life. You may like to explore new horizons in your relationships. Alternatively, you may prefer to bond over a cup of tea at the kitchen table. Everyone has different ways of enjoying social connections, and different expectations of loved ones. As an adolescent, by understanding the rewards of Venus in your Birth Chart, you can be motivated to learn and develop your social skills. This can also help you to accept other people's differences. As well, you can gain an understanding of how your relationships affect your ability to apply yourself to learning, life, work and so on.

Venus is in Sagittarius

You enjoy being given the opportunity to explore new concepts. You appreciate covering new ground at breakneck speeds but struggle with tasks that look tedious. You are likely to have your favourite subjects that you tackle with relish, and then others that you struggle to complete because they just don't light your fire. You understand the meaning of a long journey and will happily go along with anything, providing that there is an explanation of what is in it for you. Your teachers can help you by plotting your progress against long term goals. Your parents may be alarmed by the risks that you take, and the corners that you skip. Within reason, they need to learn to trust that you are conscious of your own safety and have considered the long-term consequences of your decisions. Your social life is likely to be varied with friends from different walks of life, not just your school. Religion, sport, philosophy, stamp collecting or anything that sparks an interest in the world at large is likely to be a rich source of social contacts.

Venus is Square Mars

People tend to think you can be difficult to be around because you put out the signal that you are only focused on what you want. You have to be seen to be more giving and able to compromise if you want to avoid conflict. Once others get to know you and trust that you can be fair, opportunities will open up for you.

Venus is Sextile Neptune

You are quite romantic and are probably known for your creative flair. Sensitive by nature, you attract artistic types and prefer gentle activities such as listening to music or participating in some sort of craft work. Try not to compromise who you really are in order to make someone else happy.

Mars

Mars represents your fighting spirit and how you get what you want. An understanding of this fiery planet can help adolescents learn how to direct their energy early in life, and therefore achieve their ambitions. A well-directed Mars is about drive, ambition and achievement. However, a mis-directed Mars can be lethargy, aggression and rash behaviour. Therefore, the earlier that a person learns about how to direct their energy, the better able they are to move forward on a positive path.

Mars also becomes important in adolescence as it also represents the sexual urges that are just beginning to emerge. To a point, the sex education classes offered in schools help teenagers understand how to develop healthy sexual relationships. However, understanding your Mars can also help you learn how to best direct your sexual energy.

Mars is in Pisces

You know exactly what you want because most likely you've been visualizing it. It's difficult for you to say no to anything. You tend to put your energy into people and projects that you find enchanting. As child you had compassion for all living creatures. For instance, the death of a butterfly quickened your emotions, and perhaps also your talent for writing a poem or painting a beautiful artwork. You are motivated by your imagination. This is something that needs to be understood, and directed positively, by

teachers and parents. Any talents in the arts, or perhaps healing fields, need to be encouraged. Structured learning may be difficult for you, and so alternatives could be sought. You need to surround yourself with positive, and understanding, friends.

Mars is Sextile Midheaven

It is likely that you find it hard to relax in your home because of all the activity. Emotional upsets may be common if excess energy is not channelled into more appropriate activities such as sports or other types of competitions.

Mars is Opposite Jupiter

It is important for you to have a physical outlet for all your energy but you must also employ moderation because you tend to be reckless. Ensure safety measures are undertaken to prevent accidents and before you start anything, make sure you have a plan to follow or you could waste a lot of time and resources.

Mars is Trine Saturn

You are self-disciplined and have ample stores of patience which help you plan how you are going to be successful. Defeat is not something you are familiar with because you are so cautious in the planning stage. Other people admire you for your strength and ability to assume a wide range of responsibilities.

GROWTH



*"Education is not just about going to school and getting a degree. It's about widening your knowledge and absorbing the truth about life."
- Shakuntala Devi*

Jupiter

Jupiter represents the learning process and how you put ideas together to build a personal philosophy. You use Jupiter to explore new concepts and to search for meaning and truth. Jupiter also represents the leap of faith it takes to learn and develop. In synastry, to understand another person's Jupiter allows you to anticipate how you can protect them and keep them safe without imposing your own perceptions of limitations onto their growth and development.

Jupiter is in Virgo

Virgo is an Earth Sign meaning that you are practical, kinaesthetic and grounded. You like activities that allow you to work with your hands or that allows you to use your business skills. You dislike anything you might regard as frivolous so allow your parents and teachers should allow you to set your own objectives when possible.

In Astrology, Virgo is also a Mutable Sign indicating that you can be are an adaptable learner who thrives on change and variety. Although you tend to be very good at taking on projects, it can be difficult for you to see them to their completion. Limiting yourself to fewer than three things at once can help you keep your focus and to ensure you finish as well as you start.

You are very discerning and demand nothing but the best. Your critical eye is highly valuable but can sometimes leave others feeling less adequate. It is important for you to remember to show compassion and servitude to others.

At two-years-old you experienced what astrologers call a transit. Transiting Jupiter was making an aspect to Jupiter in your Birth Chart meaning that external circumstances led you to become curious about the hidden side of life, such as the underlying emotional currents of the adult world, and the motivations of others. At this age your parents needed to be as honest and open as possible. Although you could be very quiet, you had the ability to get attention very quickly with the information that you had gathered.

Similarly, at three-years-old, a Jupiter transit meant that external circumstances challenged you to become an explorer who was adept at expressing your desire for freedom. Your parents needed to establish clear boundaries to keep you safe without limiting your social curiosity.

At four-years-old external circumstances led you to develop a sense of responsibility and ambition. Your parents should have encouraged you to take learning seriously. At this age, it is important for you to understand how the small pieces fit the bigger

puzzle.

At six-years-old external circumstances challenged you to develop your skills as a peacemaker. Your parents should have helped you to see the beauty in everything and to show great compassion for all living things. It was important for you to accept help on establishing and organization order in your life.

At eight-years-old external circumstances led you to develop the need to create a space that was very comfortable to learn in but very difficult to leave. It was important for your parents to help you develop more flexibility in order to experience as much as life has to offer.

At nine-years-old external circumstances challenged you to bring a sense of curiosity and an eagerness to learn as much about the world as you possibly could. It was important for your parents to establish enough discipline to deepen your interests and to encourage you to finish the projects you start.

At 10-years-old external circumstances helped you to develop compassion and bring out your instinctual need to put the needs of others ahead of your own. You tend to rely on your memory to help you learn about new things. At this age, it is important for your parents to help you trust new opportunities.

At 12-years-old Jupiter returns to the exact place it was in your Birth Chart. This happens approximately every 12 years and is called a Jupiter Return. During this important time, you should assess your progress in life and make appropriate adjustments. It is important for you to accept opportunities to learn and explore and to take advantage of new and exciting offers. You may wish to learn new skills, learn new languages or to travel and experience cultures that are different to your own. These activities will help you to expand your horizons, meet new and interesting people and allow you to develop your own personal philosophy. Creating a '12-year plan' can be a fun and creative way to help you focus on the kind of person you would like to grow into and keep you on track for future success as you define it.

At 14-years-old external circumstances lead you to become curious about the hidden side of life: death, sex and the motivations of others are topics that are likely to interest you. Your parents and teachers should be as honest and open as possible. Although you can be very quiet, you have the ability to get attention very quickly with the information you have gathered.

At 15-years-old external circumstances challenge you to become an explorer who is adept at expressing your desire for freedom. Your parents and teachers should establish clear boundaries to keep you safe without limiting your social curiosity.

At 16-years-old external circumstances lead you to develop a sense of responsibility and ambition. Your parents and teachers should encourage you to take learning seriously. At this age, it is important for you to understand how the small pieces fit the bigger puzzle.

At 18-years-old external circumstances challenge you to develop your skills as a peacemaker. Your parents should help you to see the beauty in everything and to show great compassion for all living things. It is important for you to accept help on establishing and organization order in your life.

At 20-years-old external circumstances lead you to develop the need to create a space that is very comfortable to learn in but very difficult to leave. It is important for you to develop more flexibility in order to experience as much as life has to offer.

At 21-years-old external circumstances challenge you to bring a sense of curiosity and an eagerness to learn as much about the world as you possibly can. It is important for

your parents to establish enough discipline to deepen your interests and to encourage you to finish the projects you start.

At 22-years-old external circumstances help you develop compassion and bring out your instinctual need to put the needs of others ahead of your own. You tend to rely on your memory to help you learn about new things. It is important for your parents and teachers to help you trust new opportunities.

At 24-years-old Jupiter returns to the exact place it was in your Birth Chart. This happens approximately every 12 years and is called a Jupiter Return. During this important time, you should assess your progress in life and make appropriate adjustments. It is important for you to accept opportunities to learn and explore and to take advantage of new and exciting offers. You may wish to learn new skills, learn new languages or to travel and experience cultures that are different to your own. These activities will help you to expand your horizons, meet new and interesting people and allow you to develop your own personal philosophy. Creating a '12-year plan' can be a fun and creative way to help you focus on the kind of person you would like to grow into and keep you on track for future success as you define it.

Jupiter is Trine Midheaven

It is likely your family over indulged you. There is nothing wrong with being spoiled, except that you may not be able to take care of yourself when the hard times come. Learn to budget and save for a rainy day and remember if something seems too good to be true, it probably is.

Jupiter is Sextile Saturn

You are very well informed and you are able to process vast amounts of information quickly and effortlessly. In particular, planning ahead is one of your most valuable skills. Working with young people is just one possible channel for your talents because they can see your genuine care for their well-being.

Jupiter is Square Pluto

You enjoy making business deals but tend to take huge risks that could possibly affect the resources and livelihoods of many people. It is important that you fully understand what you are getting yourself into and not expect others to bail you out if things go wrong. Be especially careful with investing in get rich quick schemes.

UNDERSTANDING

"We have to confront ourselves. Do we like what we see in the mirror? And, according to our light, according to our understanding, according to our courage, we will have to say yea or nay - and rise".

- Maya Angelou

Saturn

Saturn represents the cycle of personal growth and development. This planet depicts how to manage your life and to understand your own fears and limitations. Saturn also represents the areas in your life that have the most potential for success. By understanding your own Saturn, you become the strength someone else needs to develop and become stronger.

Saturn is in Cancer

Cancer is a Water Sign meaning one of your greatest fears involves expressing your true feelings. To protect yourself from shame and embarrassment, you will put a lot of effort into concealing your weaknesses. As a result of this, you have the potential to become an astute people person who responds to crises in a calm and measured manner. If Saturn is used well, you will make yourself someone other people come to rely upon.

In Astrology, Cancer is also a Cardinal Sign indicating that you may feel that you have the responsibility of leading other people. You may focus on developing your leadership skills or strenuously trying to avoid situations where you may be expected to step up. Whichever way you decide to go, Saturn has a way of ensuring you develop what you need. It won't be fun and you will make many mistakes but others will come to see you as a person who knows when to step up and when to step aside.

You are naturally very protective of those you love and trust and will go to great lengths to protect the things you are comfortable with. As you grow older, you may become more withdrawn. Your lesson in life is to learn to trust new people and situations.

When you are five-years-old you experience what astrologers call a Saturn Transit. This means that external circumstances teach you to value stability and precision. During this time, you may find there are many ways to disturb your sense of security and order. Your lesson at this stage is to learn embrace the creativity chaos can bring.

Similarly, at seven-years-old a Saturn transit means that external circumstances challenge you to be more understanding about what other people need in their relationships. During this time, you may begin to wonder more about your own needs in relationships and how you can fulfill them. Your lesson at this stage is to learn to focus on your own needs and desires. You will be learning skills to help you manage people in the future.

At 14-years-old external circumstances challenge you to be more ambitious and to be clear about your objectives in life. During this time, you may take on more responsibilities and you may begin to feel that you have sacrificed fun and adventure for obligations and duties. Your lesson at this stage is to learn to appreciate the people who support you and to be grateful for spontaneity adventures.

At 20-years-old external circumstances teach you to manage chaos more efficiently. During this time, you may begin to discover that establishing organization leads to feeling more in control. Your lesson at this stage is to learn that by helping others find their true purpose is in fact your own true purpose.

At 21-years-old external circumstances challenge you to be self-reliant and disciplined. During this time, there may be a temptation for you to believe that you don't need anyone to help you. Your lesson at this time is to work with others.

At 25-years-old external circumstances teach you to be very strong and resilient and you put a lot of effort into maintaining the status quo. During this time, there may be the temptation to believe that the more you acquire, the more secure you will be. Your lesson at this stage is to learn to let go of material goods.

At 29-years-old the planet Saturn comes full circle back to the position it inhabited at your birth. This is called a 'Saturn Return' and is considered an important time. It is viewed as a milestone in personal development and it is likely you begin to feel that you have matured as you face up to increasing responsibilities. This Saturn Return can be enormously productive if you have been consciously working on your goals and targets. This is a time for reflecting on your progress on relationships. Who are the people who need you? Who do you rely on in times of difficulty? Use this time to take stock of your achievements.

Saturn is Sextile Midheaven

It is likely you like to feel you are being purposeful. It could be that you were expected to take on a lot of family responsibility at a young age but it will be important for you to remember you can't (and shouldn't) do everything. As you gain understanding of early lessons, learn to say 'no' and mean it.

Uranus

The planet Uranus is often associated with breaks for freedom, rebelliousness and the need to form bonds with people outside of your own immediate family. Its first critical point is at around the age of 13-14 years when the adolescent begins to understand the need to grow away from their home to establish their lives as an individual. This can be a very difficult time for both the parent and the child. The parent wants to keep their child safe and protected from a world they know to be challenging and at times unsafe. For the child, friends start to become a lot more interesting because being with friends gives them an opportunity to explore their independence without their parents hovering over them telling them what to do. This is the stage where communication between parent and child becomes absolutely necessary but extremely strained. Astrologers can use the technique of synastry to shed light on how this is working to help parents and children of this age to reach a balance of understanding.

Please do remember that as children are taught by age group, they will all likely have the same Zodiac Sign for Uranus. As Uranus spends about 8 years in each Sign, it could happen that siblings have different Zodiac Signs for Uranus, which is less likely to be the case for Neptune and Pluto which have considerably longer orbits.

Uranus is in Aquarius

By nature, you are someone who needs to break the rules and create new ones that allow for equity for all concerned. You are a revolutionary and it probably shows from a young age. This may be evident through your ability to manage high technological equipment, the way you manage groups of people effectively or just your tendency to not accept every day truths as facts.

At the age of 13-14, you begin yearning for a greater state of independence because you feel so confined by convention. This is a tricky time for all children of your age but it's even more so for you because you are hard wired to take the road less travelled. True independence never really comes: you will always have to compromise so try to learn this lesson from a young age. Your parents and teachers will help safely guide you towards independence you so desperately crave.

Uranus is Opposite Ascendant

You tend to attract people who are eccentric or even undependable. Such people can cause chaos in your life but you like surprises even if it comes with the price tag of continual upheaval.

Neptune

Although the planet Neptune does not have a critical point during adolescence, description by Zodiac Sign is provided here as a matter of interest to aid growth and understanding. Neptune spends about 13 years in each Sign.

Neptune is usually described to represent the imagination but it also represents the ideals we hold and how we escape the reality of situations when we realise, we have to sacrifice those ideals. Sometimes people turn to drugs or alcohol to do this but there are other less harmful ways to get away from the bright lights of reality. Music is a very obvious choice: just watch how musicians lose awareness of their surroundings when they are performing. Writing, poetry or painting are other obvious choices. The key to managing Neptune is having a balance between reality and our fantasy world where everything is perfect.

Neptune is in Aquarius

The outer planet Neptune spends about 13 years in each of the Zodiac Signs so it is likely parents will only have children with Neptune in only one or two signs. With Neptune in Aquarius, as a child, you may hold some sort of ideal of revolution, believing that the world can be changed through mass effort. You may channel your energies into organising or being a part of mass protest, believing that a united voice will be heard over The Establishment. When confronted with the reality of privilege and power, you may escape to a task that allows you to express your own sense of rugged individualism as you search for another cause to fight for.

Neptune is Square Midheaven

It is important to let your aspirations flow, and for you to allow yourself plenty of time for contemplation. If you push yourself too hard then you may risk developing bad habits that could then lead to serious forms of addiction. It is important for you to be honest about the things that bother you rather than trying to pretend they don't exist.

Pluto

The planet Pluto does not have a critical point during adolescence, however; description by Zodiac Sign is provided here as a matter of interest. Pluto spends about 21 years in each Sign.

The power of Pluto is that is an uncompromising drive to get to the bottom of things and then to either purge in order to regenerate or completely flatten whatever it has found. It's very intense and can be obsessive in its drive to bring about change and transformation. As humans, we are taught to be fearful of such power but look at our gardens. It's what lies beneath the soil quite naturally.

Sometimes children 'play' with such power through sexual exploration or other activities that are considered to be taboo such as the occult or the kinds of games that are stamped with 'Strictly Over 18s Only'. Exposure to these sorts of activities are something adults generally fight to keep away from their children. Thus, the adults are forced to use their own sense of power in what they may see as the Battle Between Good and Evil. Pluto has a way of manipulating us to understand that one does not have to dig very deeply to unleash power.

Pluto is in Sagittarius

The power of Sagittarius is usually found through the beliefs in religion or similar philosophies. As a child you may 'play' with different spiritualities to uncover how they work and how people react to them. This may involve saying inappropriate things at inappropriate times just to see what might happen. Sending you to your room is

unlikely to deter you but having well-rounded, frank discussions around self-responsibility and regards for the feelings of others may help you to think twice about how you are using your power.

Chiron

Chiron, also known as the 'Wounded Healer', indicates the way we can heal other people and yet be unable to heal ourselves. The wounds of Chiron run very deep and they may manifest as habits we can't break or the thing about ourselves that we would most like to change.

Chiron is in Capricorn

The pain of Chiron in Capricorn can be linked to the feeling of not being successful enough. To you, there is always more training, another promotion to achieve, a bigger desk with a better view to occupy. You find it painful to admit that there could have been something you could have done that would have made you more respectable. You inspire other people to work hard to achieve their dreams.

Conclusion



*"Even though you're growing up, you should never stop having fun".
- Nina Dobrev*

Adolescence is a state of change that everyone has to go through, but very few enjoy. Added to the uncertainty of when the changes will stop or start is the expectation that adolescents will somehow 'get through it' without any help or support. As a collection society, we expect adolescents to be troublesome, full of raging hormones and unstable emotions. Quite frankly, we often give them the idea we don't like them very much.

If we're lucky, as adults, all we have are memories of a few embarrassing moments no one else noticed or can recall. If unlucky, we are left with the notion we are unforgiven or emotionally damaged or we find ourselves in the continual process of trying to fix up where we went wrong. By understanding how we have matured, we can resolve our own past agonies and adjust our attitude towards our adolescence. When we understand ourselves, we can help our own teenagers to understand and help themselves to find the pulse of their own growth and development.

It is the author's sincere wish that this report helps parents, caregivers, and teachers understand the potential teenager's problems and be ready with the support that is needed. It is also hoped that this report gives the adolescent the tools to gain better understanding, self-acceptance and perhaps also some self-love that helps during this vulnerable stage of personal growth.

Acknowledgements

The text in this report has been written by astrologer Alex Trenoweth. Alex is an author, teacher and award-winning astrologer. Her book, "Growing Pains", was written as an aid for adolescents, their parents and their teachers. Her work has been featured in Dell Horoscope, Kindred Spirit, The Career Astrologer and many other publications. In 2016, she began working with the Krishnamurti Institute of Astrology (KIA), teaching Western Astrology and bringing astrologers from across the world together to share friendship and scholarship at the Institute for Vedic Culture's (IVC) conference in Kolkata India. In 2018, she was given an award for Outstanding Service to Astrology' as well as an honorary PhD for her research at IVC. She became the President for the board that qualifies professional astrologers for the International Society for Astrological Research (ISAR) in 2020. Her website is: www.alextrenoweth.co.uk

About the Artist: The illustrations have been created by artist Jenny Barnes. Jenny is an artist living in Melbourne, Australia with her partner and two young children. Jenny has a home studio which she escapes to as much as time permits around raising two toddlers. Painting brings Jenny's mind and soul back into balance with the universe. Jenny can be reached at jennykbarnes@gmail.com

This report is meant more of an introduction to the wonders of Astrology rather than a complete course in its intricacies. Further studies, or a consultation with a professional astrologer, are encouraged to explore this most ancient scientific and philosophic tool.

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